

June 6 - October 2, 2021

**FREE
CLASSES!**

	Time	Class	Location, Neighborhood
Sunday	7:00pm	YOGA	VIRTUAL
Monday	5:00pm 5:00pm 6:00pm 6:00pm	DANCE FIT HIIT VINYASA YOGA FAMILY FITNESS	VIRTUAL Christopher Columbus Park, North End LoPresti Park, East Boston (Sumner & New Streets) McLaughlin Playground, Mission Hill
Tuesday	5:45pm 6:30pm 6:00pm 6:00pm 6:00pm	CARDIO & CORE ZUMBA® FITNESS FAMILY ZUMBA SALSA ASHTANGA YOGA	Ronan Park, Dorchester (Flag Pole) VIRTUAL Almont Park, Mattapan O' Day Playground, South End Adams Park, Roslindale
Wednesday	7:00am 10:00am 6:00pm 6:00pm 6:00pm	HIIT CHAIR YOGA AFROBEATS BOOTCAMP ZUMBA® FITNESS LINE DANCING	VIRTUAL Symphony Park, Fenway Ross Playground, Hyde Park M Street Park, South Boston (Flag Pole) Franklin Park, Dorchester (Refectory Hill)
Thursday	7:00am 11:00am 6:00pm 6:00pm 6:00pm	TAI CHI CHAIR YOGA HIIT YOGA YOGA	Elliot Norton Park, Chinatown VIRTUAL Billings Field, West Roxbury (Basketball Courts) Boston Common, Downtown Brighton Common, Brighton
Friday	6:15am 6:00pm	BARRE FUSION FIT (HIIT & YOGA)	VIRTUAL Doherty Playground, Charlestown
Saturday	9:00am 10:00am 11:00am	STRENGTH TRAINING RESTORATIVE YOGA CARNIVAL FIT	VIRTUAL Marcella Playground, Roxbury Mozart Street Playground, Jamaica Plain

Virtual Registration:
boston.gov/fitness

No Class on 7/4 & 9/6

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